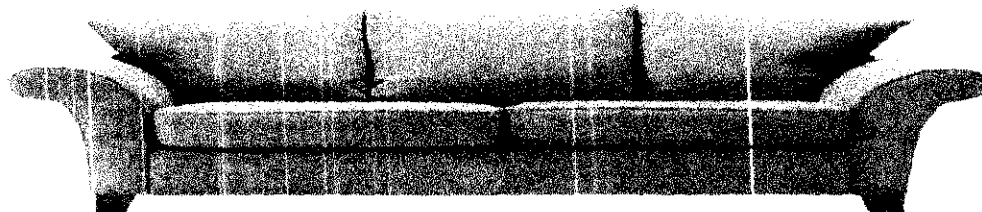


ADOLESCENTS ADDICTIONS ANXIETY

The Bright Red Couch Counseling Services



TEEN SUMMER SPECIAL

\$60 for 6 week group session (regularly \$110)
\$45 individual counseling session (regularly \$75)

UPCOMING GROUPS

Increasing Self-Esteem: (Thursdays 6:15-7:30PM)

The focus of this group is to strengthen self-esteem through positive group process, as well as through activities that educate and challenge group members to examine how they make choices, and how their choices impact their lives.

TEEN COMPASS: (Mondays 7:00-8:15PM)

Through group process and psycho-education, this group provides a safe space for teens to explore many of the different issues that they face today.

Fill out an interest form today at
www.thebrightredcouch.com
or call: (925)699-6297

Megan E. Scott M.S., M.A.

License #49549