



Pleasanton Unified School District

"Building on the past . . . Planning for the future"

Hearst menu for November 28th to December 23rd

** now with carb counts**

Dates To Remember

Dec. 23rd – Minimum Day

Dec. 26th to Jan. 6th – Holiday Break

Jan. 9th – School Back In Session

Harvest of the Month – Jicama

CELEBRATE SOUP MONTH

Revolution Foods is BACK!!

With fresh soups with zero trans fats, high in protein and natural ingredients

Mexican Monday –

Nachos – Warm melted cheese with crisp corn tortilla chips (gluten free entrée) - *48

Crispy Spicy Mini Tacos – 3 spicy chicken tacos served with shredded cheese and mild salsa - *27

Southwest Veggie Pocket – brown rice, black beans, sweet corn, mild salsa and pepper jack cheese - *51

All meals include frozen 100% fruit smoothie - *26

Asian Food Tuesday –

California Roll Sushi – made fresh daily and served with mukimame- *26

Mandarin Orange Chicken – with vegetable brown rice blend - *47

Vegetable Egg Roll – with egg and vegetable blend - *26

All meals include fortune cookie - *7

Whole Foods Wednesday –

Corn Dog – low fat chicken w/ whole grain breading - *24

Curly Mac and Cheese – whole grain rotini pasta and low fat cheese - *50

Revolution Foods Chicken Noodle Soup - *24

All meals served with Martian fries - *22

Euro Thursday -

Pizza – Large slice of cheese, vegetarian, Hawaiian or pepperoni whole grain pizza - *25

Ravioli– 3 large whole grain pillows stuffed with 3 kinds of cheese - *31

Revolution Foods Garden Vegetable Soup - *34

TGI Friday –

Chicken Nuggets – chicken with whole grain batter and golden potato rounds - *51

Turkey and Gravy – with buttery mashed potatoes - *35

Revolution Foods 3 Bean Vegetarian Chili - *40

Lunch price is \$3.25 and includes milk (BHT and HFCS free) or water, 100% juice and unlimited salad bar.

Organic soy milk is available every day ala carte for \$1 or for an additional 50 cents with lunch.

All meals meet USDA guidelines for Nutrient Based Menu Plan.

Ingredients lists and Nutritional information available on site and on CNS web site as it develops.

CNS accepts cash, checks or online prepayments which can be made at www.MyNutrikids.com

Child Nutrition Services is an equal opportunity employer!

Applications for substitutes are available through our office year round.

For more information regarding our program please call us at – 925-426-4417

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