

FOUR YEAR PLANNING

Selecting courses during high school is far more than simply planning which classes to take next year. It is important to view high school as a period of four years, during which you hope to meet a variety of personal goals: graduation, college eligibility or career and technical education, and skill development. Be aware of the requirements of each of your goals, and develop a Four-Year Plan to ensure that all necessary courses will be completed by graduation.

Following are some sample four-year plans, designed to meet different goals. None of these plans will be perfect for any student. Rather, they are meant to serve as examples of how courses can be selected and scheduled to achieve various objectives.

Use these pages as a guide to begin planning our own personal course of study for your four years at Amador Valley High School. Review the samples provided, then pencil in the courses you plan to take, meeting the requirements that are most important to you.

- ✓ Plan first for the requirements you must meet to graduate.
- ✓ Add the additional requirements for college or career planning you wish to pursue.
- ✓ Balance your academic load carefully so that one year is not excessively demanding while another year requires little effort.
- ✓ Use remaining electives to strengthen a skill, explore a new area, or further pursue an area you enjoy.

SAMPLE Four Year Program for Graduation

		9 th Grade	10 th Grade	11 th Grade	12 th Grade	
Required Subjects	Required Credits					Subject Totals
Social Studies	35	Global Studies	World History	US History	Civics/Econ	35
English	40	Freshman English	Sophomore English	Junior English	World Lit	40
Mathematics	20	Math I	Math II	Math III		30
Science	20		Physical Science	Biological Science		20
Language Other Than English OR Visual/Perform Arts	10	Drama		Intermediate Drama	Ceramics	30
PE	20	PE 9	PE 10		Bowl & Weight Training	30
Health Education	5	Health Ed				5
Electives	80	Bus/Home Computers	Academic Support	ROP Marketing	ROP Econ of Business Business Law	50
Totals	230 minimum	60	60	60	60	240

SAMPLE Four Year Program: Basic College Eligibility

		9 th Grade	10 th Grade	11 th Grade	12 th Grade	
Required Subjects	Required Credits					Subject Totals
Social Studies	35	Global Studies	World History	US History	Civics/Econ Psych/Law&Soc	45
English	40	Freshman English	Sophomore English	Junior English	*Lit/Soc Justice	40
Mathematics	20	Algebra 1B	Geometry	Intermediate Algebra		30
Science	20			Biology	Chemistry	20
Language Other Than English OR Visual/Perform Arts	10	ASL I	ASL II Concert Choir	Chamber Choir	Chamber Choir	50
PE	20	PE 9	PE 10			20
Health Education	5	Health Ed				5
Electives	80	Study Skills		Business Law	Bus Skills & Invest Pract	30
Totals	230 minimum	60	60	60	60	240

SAMPLE Four Year Program: Standard College Prep

		9 th Grade	10 th Grade	11 th Grade	12 th Grade	
Required Subjects	Required Credits					Subject Totals
Social Studies	35	Global Studies	World History	US History	AP Gov AP MacroEcon	35
English	40	Freshman English	Honors Soph English	AP English Language	Adv Comp/ English Lit	40
Mathematics	20	Geometry	Int Algebra	Honors Pre-Calc	AP Statistics	40
Science	20		Biology	Chemistry	Physics	30
Language Other Than English OR Visual/Perform Arts	10	Spanish I Drama	Spanish II	Spanish III	AP Spanish Language	50
PE	20	PE 9	PE 10			20
Health Education	5	Health				5
Electives	80			TA	Food 101/102	
Totals	230 minimum	60	60	60	60	240

SAMPLE Four Year Program: Max College Prep

		9 th Grade	10 th Grade	11 th Grade	12 th Grade	
Required Subjects	Required Credits					Subject Totals
Social Studies	35	Honors Global Studies	AP World History	AP US History	AP Gov/ AP Macro	35
English	40	Honors Frosh English	Honors Soph English	AP English Language	AP English Lit	40
Mathematics	20	Honors Geometry	Honors Int Algebra	Honors Pre-Calc	*AP Calculus *Comp Sci	50
Science	20	Biology	Chemistry	Physics	AP Biology	40
Language Other Than English Visual/Perform Arts OR	10	French II	French III	AP French Language	Photography	40
PE	20	PE 9	PE 10			20
Health Education	5	Health				5
Electives	80			Business Law		10
Totals	230 minimum	60	60	60	60	240

Your Four Year Program

		9 th Grade	10 th Grade	11 th Grade	12 th Grade	
Required Subjects	Required Credits					Subject Totals
Social Studies	35					
English	40					
Mathematics	20					
Science	20					
Language Other Than English Visual/Perform Arts OR	10					
PE	20					
Health Education	5					
Electives	80					
Totals	230 minimum					