



Pleasanton Unified School District

"Building on the past . . . Planning for the future"

Alisal Menu for November 29th – December 17th –

*** now with carb counts***

Dates To Remember

Dec. 17th – Minimum Day

Dec. 20th – 31st – Winter Break

January 3rd – School Resumes

Harvest of the Month – Mandarin Oranges

Monday –

Teriyaki Beef Dippers – with vegetable brown rice blend and fortune cookie - *54

Bagel Dog- made from low calorie chicken and wrapped in warmed milk bread - *47

Cheese Stuffed Bread Sticks - with marinara sauce - *30

All meals come with a slice of cherry pie w/whole grain crust - *30

Tuesday –

Potato Bar – Large hot Russet potato with all the fixings including broccoli florets - *43

Mini Sliders – Two petite beef burgers w/cheese - *53

Carnival Corn Dog – Low fat chicken with whole grain batter toasted to perfection - *24

All meals include frozen 100% fruit Mango or Pomegranate sorbet - *26

Wednesday – Revolution Foods* (as featured in Time Magazine, CNBC, and Oprah)

Deep Dish Cheese Pizza - with all natural Mozzarella cheese and sauce - *57

Grilled Chicken Sandwich - on a fresh baked bun, served with mayonnaise and organic ketchup - *39

Pasta Marinara – with all natural meatballs - *59

Thursday -

Pizza Day – Large slice of cheese, vegetarian, Hawaiian or pepperoni pizza - *25

Turkey and Gravy – over mashed potatoes served w/cherry pie with whole grain crust - *77

Mediterranean Meal- Vegetarian hummus, whole grain pita chips, fresh grapes and baby carrots - *42

Friday –

Chicken Stars – with whole grain batter and crispy potatoes

Nachos – Gluten free corn tortilla chips with low fat cheese

Pepperoni Stuffed Pocket Sandwich – with mozzarella and marinara

Lunch price is \$3.25 and includes milk (BHT and HFCS free), 100% juice and unlimited salad bar. ***\$3.75 for Revolution Food Menu on Wednesday.** Bottled water and Organic soy milk are available every day ala carte or for an additional 50 cents with lunch. All meals meet USDA guidelines for Nutrient Based Menu Plan. Ingredients lists, Nutritional information and Carbohydrate counts available on site and on CNS web site as it develops.

CNS accepts cash, checks or online prepayments which can be made at www.MyNutrikids.com

Child Nutrition Services is an equal opportunity employer! Applications for substitutes are available through our office year round. For more information regarding our program please call us at – 925-426-4417