

# Morning Menu



- Classic Breakfast Sandwich** \$2.50  
Toasted English muffin filled with eggs, sausage patty and cheese
- Mediterranean Meal** 3.00  
Hummus, whole grain pita, crunchy carrots and fresh fruit (available all day)
- Breakfast Parfait** \$2.50  
Assorted berries, vanilla yogurt and rolled oat nut-free granola (available all day)
- Value Menu**
- Bagels and Cream Cheese** \$1.50  
Served warm daily
- Pancakes “On the Go”** \$1.50  
Silver dollar strawberry or maple flavored and served piping hot
- Breakfast pastries** \$1.50  
Fresh baked cinnamon rolls, whole grain BeneFit breakfast bar, or low-fat Crumb Cake
- Assorted Cereals** \$1.50
- Value Meal** \$2.25  
*Add small milk or juice and fruit to any value menu item*

# Lunch Menu

- Daily Features** \$2.25
- Monday—**  
*Nachos -whole grain chips and low fat cheese*
- Tuesday—**  
*Teriyaki Chicken and Rice Bowl*
- Wednesday—**  
*Whole grain macaroni and cheese*
- Thursday—**  
*Baked Potato Bar or Soup*
- Friday—**  
*Pasta and Meatballs Parmesan*
- Daily choice of Burgers, Spicy Chicken, Hot Dog, Corn Dog, Burritos, Turkey and Vegetable Egg Roll, Popcorn Chicken, or Hot Pocket
- Add large milk, water or juice and fresh fruit, garden salad or snack mix to any value menu item for only \$1.25 more*



Items designated with \* may contain peanut or tree nut ingredients. All nutrition information available upon request. All ala carte entrees do not exceed 400 calories, 35% calories from fat, or 35% sugar by weight.

# Favorites

- Pizza By The Slice** \$2.25  
Large slice of cheese, pepperoni, veggie or ham and pineapple
- Fresh Deli Style Sandwiches** \$2.00-\$4.00  
Daily hot and cold selections with a variety of meats, cheeses and breads.
- Meal Sized Salads** \$2.50  
Choice of Garden, Chilled Pasta, Caesar, Oriental Chicken\*, Cobb or Spicy Chicken
- Individual Sized Garden Salad \$1.00
- Chips and Snacks \$1.00
- Milk, 100% Juice and Water \$1.00
- Low-fat Chocolate Chip Cookie \$0.75
- Fresh Fruit \$0.75



*Menu selections subject to change based on student requests, seasonal availability or circumstances beyond our control.*